

Institute of Applied Behavior Analysis

A Trusted Partner for Global Companies, Insurers, and Families

Why Partner With IAA - Key Highlights

Local ABA services in Norway for insured expat families

Aligned with international (e.g. U.S.) insurance standards

1:1 staff ratio and high program quality

Experience collaborating with schools and employers

Flexible options from 2 to 40 hours/week

Welcome

At the Institute for Applied Behavior Analysis (IAA), we specialise in delivering evidence-based behavioural services to children and families. Based in Stavanger, Norway, we offer international families high-quality Applied Behaviour Analysis (ABA) in a safe and structured Nordic setting.

We understand that relocating internationally with a child in need of specialised support can be overwhelming—especially when navigating unfamiliar systems. That's why we've developed a model specifically for expat families: combining intensive ABA services with clear communication, structured routines, and full compatibility with U.S.-style insurance systems.

Whether you represent a multinational company, or global insurance provider, we invite you to explore how a partnership with IAA can deliver lasting value to the families you support.

Did you know?

ABA therapy is a legally mandated health benefit in all 50 U.S. states. Global insurers like Cigna and Bupa routinely cover ABA for expat families — if qualified providers exist locally.

That's where we come in.

Our ABA Model: Individualised, Intensive, Inclusive

IAA provides individualised ABA services to children with developmental needs and neurodevelopment disorders, including autism spectrum disorder (ASD). Our services reflect global clinical best practices and are based on interventions endorsed by agencies such as the U.S. Surgeon General, NICE (UK), and the National Autism Center.

Our programs are:

- Evidence-based and medically necessary
- Delivered by experienced psychologists and behaviour analysts
- Structured, intensive, and tailored to each child's profile
- Designed for consistency, trust, and long-term outcomes
- Data-driven programs that are outcome-monitored

Our Service Levels

Service level	Weekly hours	Use cases / ideal for
Full-time ABA	30 - 40 hours	<i>Early intervention, full-day kindergarten/school, 2-week intensives</i>
Part-time ABA	10 - 20 hours	<i>Skills training, school inclusion, home-based work</i>
Entry-level / Consultation	2 - 8 hours	<i>Parent coaching, school/home consultation, specific clinical sessions</i>

Each child is supported by a small team with a dedicated primary therapist, supervised by a licensed clinical psychologist or a professional with a master's degree in behaviour analysis. We use internationally recognised tools such as **ABLLS-R** and other functional assessments to guide program design and monitor progress.

Parental involvement is always welcomed. Families may participate in planning, generalisation activities, and direct training when desired.

We also offer targeted short-term programs, such as **two-week intensive toilet training**, available as standalone services.

Please note: While we are not a licensed school or kindergarten, we regularly collaborate with public institutions when agreed upon, and have strong working relationships across **Rogaland**.

All services are delivered in compliance with Norwegian health regulations, using secure documentation systems and health records in line with national standards.



We understand the realities of Norwegian education, healthcare, and legal regulations — and we deliver services in full alignment with national standards. This makes us an ideal local partner for international insurers and employers.

Additional services: Respite & Living Support

In addition to ABA therapy, IAA offers fully integrated access to:

- **Respite care**
- **Supported living options**

These services are provided by the same professional team delivering ABA therapy, ensuring consistent strategies and staff throughout the child's day. Services are offered at our own facilities and can be arranged independently of municipal involvement—minimising delays and maximising therapeutic value.

Trusted by Insurers and Global Employers

Multinational employers and global insurers are increasingly expected to support the needs of employees raising neurodivergent children abroad. IAA makes that support possible.

Many expat families:

- Struggle to access quality ABA while living internationally
- Are insured through companies like **Cigna**, **Allianz**, or **Bupa**, but lack local providers
- Experience delays or inconsistencies when public services fall short

IAA bridges this gap by:

- Delivering high-quality ABA services in Norway
- Supporting **pre-authorization**, **utilisation review**, and **claims documentation**
- Communicating in English and aligning with U.S. insurance standards
- Offering consistent clinical reporting and flexible service locations (home, school, or clinic)

We understand both Norwegian systems and international employer/insurance needs—and have a proven track record working with expat families and international schools in the Stavanger region.

Our Impact at a Glance



**100 +
Clients**



**10 +
Expats**



**1000 +
individual
programs**

Insurance-Ready Service Delivery

IAA provides ABA-based services that meet the clinical and administrative standards required by leading international insurance plans. Our documentation, data, and team qualifications are fully aligned with what insurers expect when funding medically necessary behavioural therapy. IAA meets the documentation and service standards commonly required by international plans such as Cigna, Bupa, Allianz, and Aetna, ensuring seamless coverage and reimbursement.

- Individualised treatment plans
- Detailed session notes
- Monthly progress reports
- Support for pre-authorisation and utilisation reviews
- Claims documentation for reimbursement or direct coverage

Invoices can be issued in **NOK**, **USD**, or **EUR**, depending on payer requirements.

While all services are delivered with a **1:1** staff-to-child ratio as standard, there may be rare situations—such as severe challenging behaviour—where additional staffing of **2:1** is considered. In such cases, decisions are made based on individualised risk assessments and in accordance with Norwegian laws governing supervision and safety. If the use of physical intervention is anticipated, we initiate collaborative planning with relevant public services, such as the specialist healthcare service (HABU), as required by law.

Why Families and Partners Choose IAA

IAA brings more than **two decades of experience** in ABA services. Our clinical team includes licensed psychologists, master's-level behaviour analysts, and support staff trained in internationally recognised ABA strategies.

We intentionally remain small to ensure quality, continuity, and deep collaboration with families. We typically serve **up to six children full-time** at our facility, while also supporting additional children through part-time or off-site programs across **Rogaland**.

Though we are not a licensed kindergarten or school, we collaborate effectively with public institutions—provided they support external involvement. We have extensive experience working with Norwegian schools and kindergartens and value transparent cooperation.

IAA also maintains **international collaborations**, including with the **May Institute** and **New England Center for Children** both in Boston, MA, and we regularly contribute to **national and international conferences**.

 Learn more: www.iaa.no/english

Case Example:

To illustrate how our model works in practice, here is the story of one child we supported through an international relocation:

A young child was diagnosed with autism at the age of two while living in the United States. After relocating to Norway, the family faced significant challenges in accessing structured, intensive intervention.

The child presented with limited eye contact, nonverbal communication, frequent elopement, aggressive episodes, and strong sensory-seeking behaviour. Despite these challenges, early indicators of cognitive strength, particularly in early numeracy, were observed.

Upon enrolment at IAA, the child entered a full-time ABA-based kindergarten program. Using tools such as the ABLLS-R, our team developed an individualised program that combined discrete trial teaching (DTT), natural environment teaching (NET), and parent involvement. The focus areas included foundational learning skills, communication, self-help routines, and emotional regulation.

Over time, the child made significant progress. Spoken language increased substantially, problem behaviours decreased, and the child was able to transition to an international school setting. Today, this student participates in mainstream academic and social activities with minimal support and demonstrates continued success — academically, socially, and emotionally.

The family attributed this progress to the consistency, structure, and intensity of the intervention provided at IAA.

Leadership Team



Ingeborg Oprann – CEO

Master's in Behaviour Analysis (OsloMet). Clinical leader in early intervention and programme development. Speaker at international conferences and head of IAA's strategic partnerships. *(Focus: Early Intervention, Program Development)*



Jens Erik Skår – Specialist in Clinical Psychology

Nearly 40 years of experience in behavioural psychology, interdisciplinary collaboration, and clinical supervision. Senior advisor for complex cases. *(Focus: Complex Cases, Clinical Oversight)*



Søren Jensson Skår – Psychologist & Specialist Candidate in Habilitation

Experienced in early intervention, functional assessments, and designing individualised ABA programs for children and adults with developmental disabilities. Key contributor to international strategy and service development. *(Focus: Habilitation, Skill-Building, Family Training)*

Global Context & Opportunity

ABA therapy is an essential benefit in the U.S., but families in Europe often struggle to access it—even when their plans cover it. That's where we come in.

In the U.S., all 50 states mandate ABA coverage by private insurers, with annual benefits of up to **\$50,000** per child. Global insurers—**Cigna, Allianz, Bupa**, etc.—now offer plans that include ABA as standard for international employees.

Yet in Europe, including Norway, such services are not guaranteed—even for insured families.

IAA solves this by:

- Providing qualified ABA delivery in a European context
- Aligning with insurance expectations
- Offering turnkey solutions for HR teams and insurers
- Delivering services flexibly: home, school, or clinic

For global employers and insurers, partnering with IAA helps fulfil both **legal and ethical obligations** to support families—while preventing burnout, relocation, or loss of valued employees.

Coverage ≠ Access

Many expat families in Norway have insurance that covers ABA — but cannot find qualified local providers.

IAA fills this gap.

How to Collaborate With Us Collaboration Models

We welcome inquiries from:

- Corporate HR and benefits departments
- Global insurance firms
- International schools
- Families directly

- **Corporate sponsorship:** Company subsidises care for employees' children
- **Provider contract:** Insurer lists IAA as an in-network provider
- **Hybrid:** Employer and insurer share coverage responsibility



Ready to Collaborate? Let's Talk

Institute for Applied Behavior Analysis (IAA)



Vågsmyrsgata 20, Stavanger, Norway



kontakt@iaa.no



www.iaa.no/english

Let's build something that matters—together.